



Dear Health Care Provider,

I recently participated in a workshop facilitated by the Wisconsin Adolescent Health Care Communication Program in which I learned about my right as a teen patient to receive confidential health care. I would really appreciate you signing this contract so that I can feel comfortable speaking openly to you about my health, without having to worry about a breach of confidentiality. This will ensure that you can help me get the health care that I need.

If you'd like more copies of this contract feel free to download them at **[www.wahccp.org](http://www.wahccp.org)** and give them to all of your teen patients.

Thank you for being a health care provider that teens can rely on!

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## **Confidentiality Contract**

To My Adolescent Patients,

I, \_\_\_\_\_, hereby pledge that as a dedicated health care provider, I will honor the privacy of my adolescent patients and respect their right to confidentiality. Confidentiality means that anything told to me by my patients cannot and will not be repeated in anyone else outside of my health care team, unless the patient is threatening to harm him or herself or others, or unless someone is harming or threatening to harm the adolescent. By ensuring confidentiality, I hope that my patients will feel safe and comfortable talking to me about sensitive topics such as reproductive health, drug and alcohol use, mental health, depression, body image, sexual activity, sexual orientation and more.

Sincerely,

\_\_\_\_\_  
(Health Care Provider)

\_\_\_\_\_  
(Date)