

Preface

The Wisconsin Women's Health Guide is intended to provide general information about services and programs that can help Wisconsin women. It is a resource for Wisconsin women and families along with county agencies and health care providers who work with women and families.

The guide is intended to provide information on key points of entry or referral into the different types of services, and is not intended to be a stand-alone collection of all services or providers. There are many other program descriptions, service directories, and hotlines that provide more detailed information on eligibility, covered services, and available providers.

The guide is not intended to advise about specific person's eligibility for any program or service, or to provide legal advice. Eligibility for many of the services and programs described in this guide depends on a number of factors, such as level of income and assets and compliance with program requirements. Legal professionals should be contacted for legal advice.

The guide is provided by the Wisconsin Women's Health Foundation and the Wisconsin Alliance for Women's Health. An electronic format of the guide is available for downloading at: www.supportwomenshealth.org and www.wwhf.org. Versions of the electronic guide will allow viewers to access women's health resources:

- Comprehensively
- By Wisconsin Public Health Regions
- By Individual County

Disclaimer: The data provided in this guide was collected between November 2005 through November 2006. Inclusion of agencies in this guide does not constitute endorsement nor does omission constitute disapproval. Guide developers are not responsible for any changes in the information listed subsequent to its publication.



Introduction and Acknowledgements



It is my pleasure on behalf of the Wisconsin Women's Health Foundation in working with the Wisconsin Alliance for Women's Health to bring you the Wisconsin Women's Health Guide.

This comprehensive guide is intended for all— including the women, families, health care providers and county agencies in Wisconsin concerned with women's health. Inside you will find general health information on a variety of topics and a list of health services for each of Wisconsin's 72 counties. We hope these resources ease your journey, no matter who you are, through what can seem an overwhelming health care system.

As a teacher for many years, I know the value of education. Knowledge is the catalyst for change. Self-knowledge drives self-improvement. With this guide, we hope to educate the people of Wisconsin, namely women, on the resources available so they can make positive decisions for their health and the health of their families. Research has proven that women are instrumental in creating healthier families. That's why it all begins with a healthy woman.



Sue Ann Thompson
Founder and President, Wisconsin Women's Health Foundation



The development of the Wisconsin Women's Health Guide was a collaborative endeavor, relying upon the work of many individuals especially those involved in the Wisconsin Women's Health Foundation and the Wisconsin Alliance for Women's Health.

We are grateful to the Brico Fund, LLC, Wisconsin Energy Corporation Foundation, and Worzalla Printing for their generous contributions to this project and to the talents of David Nevala for creating the image library used in this guide. Support like this shows promise for improving Wisconsin women's health into the future.

We are particularly indebted to the Guide Development Team, whose long hours of dedication and diligence were essential to its success. Specifically, we would like to acknowledge the following individuals who were involved with the creation of this guide: Carol Bracewell of Flying Pig Productions, Lyndsey Drake, Donna Hintz, Gale Johnson, Millie Jones, Bobbie Kolehous, Maggie Lyons, Emily O'Malley Laursen, Michelle Meyer of 1st Contact, Kate Reynolds-Gooch, Jennifer Ryan O'Melia, Vibha Sanghvi, Lara Shoemaker, Tommi Thompson, and Julie Whitehorse. Our appreciation is also extended to the many state and local public health providers and advocates who contributed information used in the guide.



Our sincerest appreciation goes out to everyone who made this project possible. We hope this Wisconsin Women's Health Guide serves to inform and empower you toward better health and wellness.

Sara Finger
Director, Wisconsin Alliance for Women's Health
2007 Wisconsin Women's Health Guide Editor